

Choose the Ancestry test that's right for you.

OPTION 1: Advanced DNA Test

This ultra-accurate test digs as deeply as possible into your past! We combine the latest genetic research with a new ancestral tracking technique to pinpoint more precisely where your familial DNA began and how it migrated.

- Identifies when and where your DNA signature was formed
- Traces your DNA's migration routes over time
- Provides a personalized report, including top three Ancestral Origins and more

OPTION 2: Starter DNA Test

This test compares your past to the present! We first determine the origins of your ancestors, and then match your DNA to populations living today to determine with whom your DNA has the most in common.

- Determines the origins of your ancestors
- Compares ancestral origins to where your DNA is prominent in modern-day populations
- Provides a personalized certificate and manual explaining your results

RESULTS REFERENCE:

View Results at [HomeDNA.com/login](https://homedna.com/login)

Fill in the information below and keep for your records: Email address and password created during account setup. The barcode is on the DNA sample envelope.

EMAIL:

PASSWORD:

BARCODE:

HOMEDNA[™]

ANCESTRY

DNA TEST KIT INSTRUCTIONS

Complete Guide for Home DNA
Sample Collection

[Read Instructions Before Getting Started](#)

Included in your kit:

- DNA Collection Swabs
- DNA Sample Envelope
- Trackable Return Mailer

1 **START: Register your kit**

Step 1: Go to **HomeDNA.com/register**.

Step 2: Enter the barcode on the DNA sample envelope.

Step 3: Follow the prompts to create your account.

Step 4: Choose your ancestry DNA test: Advanced DNA Test or Starter DNA Test.

Step 5: Pay the required lab fee.



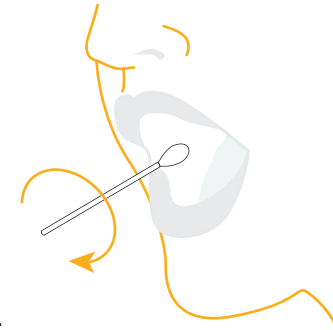
2 **NEXT: Collect DNA sample**

Step 1: Complete **ALL** information requested on the DNA sample envelope.

Step 2: Using 1 swab at a time, rub the tip back and forth, up and down on the inside of your cheek for 30 seconds. To prevent excess saliva, avoid the gum area. To dry, hold and wave swab for 60 seconds, then place it directly into the DNA sample envelope.

Step 3: Repeat Step 2 with the remaining swabs; be sure to use all 4.

Step 4: Place the DNA sample envelope in the trackable prepaid return mailer, seal securely and mail. Shipment can be tracked at USPS.com.



If using the trackable prepaid return mailer, allow up to 5 business days for samples to arrive at our lab.

3 **FINISH: View your results**

Once results are ready, you will be notified via email and / or text message. Go to **HomeDNA.com/login** to access your results.

NEED ASSISTANCE?

Visit: [HomeDNA.com/faq](https://www.homedna.com/faq)



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